

PE CURRICULUM MAP

CURRICULUM DELIVERY	<p>All students have a double lesson of Core PE each week. Students have the opportunity to participate in a range of different sports and their skills are developed as the activities are revisited throughout their curriculum. The sports students experience link into the extra-curricular clubs that are on offer and the opportunities to represent the school in county-wide competitions. Year 7 and 8 also have an additional fitness lesson once a fortnight, which is used to promote core fitness and allows students to compete against themselves in improving their individual fitness levels.</p> <p>Students in Years 9-11 have the opportunity to study the technical award in Health & Fitness as part of their Options process.</p>		
CURRICULUM AIMS	<p>At BVC we aim to provide a PE curriculum that enables access for all, competitive opportunity and the desire to participate. Pupils will have an understanding of the benefits of a healthy lifestyle and regular exercise. We will aim to give them pathways to future long term participation. The curriculum will be broad and will give opportunity to participate in a range of different spars and activities.</p>		
CURRICULUM CONTENT	AUTUMN TERM	SPRING TERM	SUMMER TERM
Year 7	Football/Hockey/Badminton rotation Teamwork/rules + regulations and individual control	Table Tennis/Fitness/OAA rotation Teamwork/rules + regulations and individual control Health, wellbeing + benefits of exercise	Rounders/Cricket/Athletics Striking + Fielding Analysing performance Performing at maximum levels
Year 8	Football/Hockey/Badminton rotation Teamwork/rules + regulations and individual control	Table Tennis/Fitness/OAA rotation Teamwork/rules + regulations and individual control Health, wellbeing + benefits of exercise	Rounders/Cricket/Athletics Striking + Fielding Analysing performance Performing at maximum levels
Year 9	Football/Hockey/Badminton rotation Teamwork/rules + regulations and individual control	Table Tennis/Fitness/OAA rotation Teamwork/rules + regulations and individual control Health, wellbeing + benefits of exercise	Rounders/Cricket/Athletics Striking + Fielding Analysing performance Performing at maximum levels
Year 10	Football/Hockey/Badminton rotation Teamwork/rules + regulations and individual control	Table Tennis/Fitness/OAA rotation Teamwork/rules + regulations and individual control Health, wellbeing + benefits of exercise	Rounders/Cricket/Athletics Striking + Fielding Analysing performance Performing at maximum levels

PE CURRICULUM MAP

BASSINGBOURN VILLAGE COLLEGE
AUTUMN 2020

Year 11	Football/Hockey/Badminton rotation Teamwork/rules + regulations and individual control	Table Tennis/Fitness/OAA rotation Teamwork/rules + regulations and individual control Health, wellbeing + benefits of exercise	EXAMS
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ENRICHMENT OPPORTUNITIES	Year 7	Year 8	Year 9	Year 10	Year 11
	Visit to assault course Sport award eve Fixture (Jan onwards)	Visit to assault course Sport award eve Fixture (Jan onwards)	Visit to assault course 1 st aid course Sport award eve Fixture (Jan onwards)	1 st aid course Leadership academy Officiating opportunities Sport award eve Fixture (Jan onwards)	Officiating opportunities Fixture (Jan onwards)

For more information contact our Heads of PE Mr M Budd & Ms H Gilder on mbudd@bassingbournvc.org or hgilder@bassingbournvc.org